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Y • MONDAY, SEPTEMBER 22, 2008 metronews.ca

Entertainment

Tina 'Fey'voured at Emmy awards

Pg 15

Your hair sucks but we can fix it.

Teen dead after stolen car crashes

CRASH One teen is dead and another is in serious condition after a stolen vehicle slammed into a tree early yesterday morning with five on board.

Insp. Dave Wood told Metro five youths between the ages of 12 and 15 were taken to hospital after police responded to the wreck on 54th Avenue and Buckthorn Road NW around 1:15 a.m.

"Speed, and the ability of the driver, or lack thereof, were the reasons for the crash. The person driving was 14 years old and will definitely be facing charges," Wood said.

The deceased 14-year-old, taken to hospital in life-threatening condition, was a passenger in the vehicle and later succumbed to injuries.

The red Honda Civic the teens were in was reported stolen earlier in the day in Marlborough. Police said alcohol wasn't a factor

METRO CALGARY

Celeb Buzz page 18

Duchovny OK in sex rehab

Election 2008 page 8

- **Mike Tennant's AdVentures**
- **Grits ready platform**
- **Layton's playlist**
- **May hops aboard the Green Train**

Seasons **Delicious autumn!**

ROBIN KUNISKI/FOR METRO CALGARY

Chun Xiao, 7, left and Hua Qing, 9, leave no doubt about their excitement that autumn begins today at 3:44 p.m. With the change of seasons, the City of Calgary reminds homeowners of the annual leaf composting program at select drop-offs around the city.

Bike share peddled

Merits of program need to be measured against risk

NEIL MACKINNON
neil.mackinnon@metronews.ca

Anything being done to improve the all-around cycling experience in Calgary is music to Randy Szasz's ears.

A regular pedal-driven commuter from Tuscany, Szasz, president of the Calgary Crankmasters, thinks a lot of work needs to be done facilitating better access to the city's trail system and he isn't sure how a bike share program, being proposed by Ald. Druh Farrell at council today, would fly.

"I'm well aware of the problems that exist, particularly with hundreds of bikes being stolen on a regular basis," he said. "I think it's a great idea, I'm just not certain how it would run without being abused in a major way."

Farrell's motion seeks a report on the funding, implementation and maintenance of a bike share program, which would have lock-ups all over the city and may require swipe cards to borrow bikes later returned at another location.

The project may cost around $500,000, with the city either buying bikes for use or partnering with private companies to provide them and while it's just in its infancy stages, it could prove to be a slight beginning of the end for absolute vehicle necessity in Calgary, Farrell said.

"Calgarians have told us very clearly they'd like options to using the car, but they need to be convenient," she said.

"Our whole system needs to be improved because right now, it's a recreational system. We need to expand access to cycling in many ways and this is one way to do that."

A bicycle built for you

Global bike share program facts

- First bike share program (white Bikes) was launched in 1968 in Amsterdam, the Netherlands, but was plagued by theft and vandalism.
- Attempted in four U.S. cities in early '90s and of note: Usually started the year with several hundred bikes and ended summer with few left, according to an organizer.
- 1995 Copenhagen, Denmark opened coin-operated bike share. Early problems reported, but the program still exists.
- "Fourth Generation" share programs using smart card access being implemented in Washington, D.C.,-area cities.

ShareYourViews
calgaryletters@metronews.ca

City eyes fast track for green builders

NEIL MACKINNON
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Building permits for developers willing to go green may be put on the fast track as part of a city bid to reduce environmental footprints in the decades to come.

While Calgary construction firms have been slow on the uptake of sustainable building development, a joint motion by aldermen Bob Hawkesworth and Druh Farrell looks to increase the quality and quantity of environmentally friendly buildings in the city by removing barriers, without instituting punitive measures.

"We have to go this direction if we have any hope of reducing our environmental footprint," Ald. Bob Hawkesworth

Knowledge and the spread of myths have prevented sustainable measures from being undertaken much sooner, Hawkesworth said and now that the city has extensive experience in developing their own green buildings, they can act as facilitator.

"We have to go this direction if we have any hope of reducing our environmental footprint," Hawkesworth said, noting a hot economy led developers down the path of doing things the way they always have to save time and money.

"With the way costs are going, both the industry and consumers are going to see benefits in spades as cost escalations continue with no sign of significant slowdown."

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Bank note images used and altered with permission of the © Bank of Canada.

Federal female candidates to gather for forum
Members of the public are invited to join female candidates from the federal Conservative, Liberal, NDP and Green parties tomorrow in Calgary. The forum for female candidates will take place at La Chaumiere, 139 — 17 Ave. SW from 11:15 a.m. to 1 p.m. METRO CALGARY

Local

Art goes on the auction block

The Calgary Stampede Foundation is holding its second annual Pavilion: Contemporary Art Auction Thursday at 7 p.m. at Stampede Park in the Victoria Pavilion, Agriculture building.

METRO CALGARY

Volunteer in Texas to aid Ike recovery

'CALLING' Her 15 trips across the globe have shown her humanity under the most dire of circumstances and it's always the same.

Jennifer Bourassa doesn't expect this one to be much different.

Jennifer Bourassa

"This is my passion, my calling in life," said Bourassa, a Calgary-based volunteer with the Canadian Red Cross who was flown out to Dallas over the weekend to aid in the recovery efforts of hurricane Ike that killed at least 30 people and caused an estimated $18 billion in damage. "There's something about the most desperate of disasters that brings out the truly altruistic side of humanity."

Bourassa, one of 11 Canadians heading south, is expected to be supervising a shelter and figured the devastation wouldn't be too much less than she saw in Louisiana after Katrina or in Indonesia and Thailand after the 2004 tsunami.

NEIL MACKINNON/METRO CALGARY

News in brief

FOOD With the help of Calgarians and 7,000 volunteers, the City Wide Food Drive propelled the Calgary Interfaith Food Bank into the Guinness Book of World Records after collecting 509,147 pounds of food this weekend. METRO CALGARY

Shedding fear of reptiles

Mom finds love for 'cute and cuddly' creatures at show

KRISTA SYLVESTER
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Most people wouldn't think they could conquer their fears simply by staring it in the face — literally.

But that's exactly what mother-of-two Sue Ritchie did to get over her fear of reptiles just a few months ago and yesterday she was snuggling with a bearded dragon at The Alberta Reptile and Amphibian Show (TARAS).

"Well, my daughters started getting really into reptiles and I guess now it's kind of a family thing," she said. "But I was deathly afraid of them before."

That all changed when Ritchie attended the spring show and was talked into holding a corn snake, which she now considers her favourite scaly skinned pet.

"I think it helped a lot to hold one, and then it just got easier. I think it's not as bad as it seems and now I just love them. They are so cute and cuddly."

ROBIN KUNISKI/FOR METRO CALGARY

Sue Ritchie conquered her fear of reptiles by meeting it head on, and now has no problem cuddling with a bearded dragon at the reptile show held at the Ogden Legion yesterday.

Teena Tangen of TARAS said the shows are a great way for those afraid of reptiles and amphibians to get over their fears.

"I think once people learn more about the creatures they realize they aren't so bad after all and it helps get rid of some of those myths they had in the first place," she told Metro.

> **"It helps get rid of some of those myths they had in the first place."**
> Teena Tangen of TARAS

Home show houses designer's inspiration

KRISTA SYLVESTER
krista.sylvester@metronews.ca

DÉCOR One Calgarian with aspirations of being an interior designer got a dose of inspiration at the 2008 Calgary Home and Interior Design Show.

Dana Orton, 22, is interested in decorating and checks out the latest trends when she can so when the show came to Calgary she was all over it.

"I came last year and I really couldn't wait to come check this one out too. I like seeing the latest fashions and unique designs," she said.

The show is popular with those looking to add to their homes or get rid of the old and in with the new, show producer Terri Higgins told Metro.

Protesters to rally at user-pay clinic

HEALTH Friends of Medicare will be marching to a newly opened user-pay clinic in Calgary today, in demonstration of the health-care provider's opening at the end of last week.

The Calgary Copeman Clinic, which started in Vancouver under a tremendous amount of controversy, opened its doors to accept up to 5,000 members.

The clinic has survived a full audit from the medical service commission in British Columbia and was allowed to continue providing service to customers — apparently not in contravention of the Canada Health Act.

It is believed the clinic will expand to other western provinces if the experiment in Alberta is a success. METRO CALGARY

metronews.ca

What's online today.

Read today's news highlights in Metro Snapshot
Watch A behind-the-scenes look at the hijinks on Dion's campaign plane and meet the personal stylist who holds the key to Harper's beauty secrets at www.metronews.ca/canada.

Lotteries

Friday, Sept. 19
Lotto Super 7 8, 10, 12, 14, 25, 30 & 39. Bonus 7
Saturday, Sept. 20
Lotto 6/49 2, 10, 24, 31, 33 & 49. Bonus 3
These results are not official.

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Police issue warning after brake lines cut

Lethbridge police are warning motorists there to check their brake lines before driving after at least five different vehicles had their lines cut this weekend. Police are investigating the incidents in which no one was hurt. METRO CALGARY

Downtown campus approved

One in five University of Calgary students will have an opportunity to study downtown over the course of their degree following an announcement Friday of provincial government support for a downtown campus.

The province has given provisional approval for a downtown campus of about 100,000 square feet, subject to successful negotiation of a lease, creating new learning opportunities for thousands of post-secondary students.

"Calgary is ready for a downtown university campus," declared U of C president Dr. Harvey Weingarten.

METRO CALGARY

News in brief

TRAINING Today Bow Valley College will announce a service that will help internationally educated health professionals integrate their skills into the province's health-care industry. The program is to be funded by Alberta Employment and Immigration.

CLOSURE The Trans-Canada between Lake Louise and Field, B.C. is likely to be closed today after RCMP blocked off the stretch due to a rockslide. METRO CALGARY

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Riding: Calgary West

Election 2008

The former riding of Prime Minister Stephen Harper and Canada's 11th Prime Minister R.B. Bennett, Calgary West's population grew by more than 27 per cent between the 2001 and 2006 censuses. Forty-three per cent of the riding over 25 years of age have graduated from a post-secondary institution.

Rob Anders
AGE: 36
PARTY: Conservative
INCUMBENT: Since 1997
POSITION: House of Commons MP
"I owe it to this great nation, which has given so much to my family and myself, to ... continue to make Canada the best nation in the world to live, work and raise a family in."

Jennifer Pollock
AGE: 52
PARTY: Liberal
POSITION: Lawyer
"The Harper government has made a swath of broken promises and the chickens are coming home to roost ... With the whole economy going down the tubes, they need to get the fact that taxing less and spending more isn't going to help the situation."

Teale Phelps-Bondaroff
AGE: 22
PARTY: New Democratic
POSITION: Student
"The Conservatives have been taking Albertan votes for granted for far too long, and we think we'll have a strong showing this time around, which will send a solid message that our party has a presence here."

Randy Weeks
AGE: 47
PARTY: Green
POSITION: Oil and gas industry auditor
"The Conservatives say we need a steady hand at the till, (that) it's too risky (in these) economic times to change our course, but they're heading us for the reefs; and environmentally and economically, we need a radical change of direction or we're going to crash."

Kirk Schmidt
AGE: 26
PARTY: Independent
POSITION: IT analyst
"I'm not here to take pot-shots. I just want to present myself as a viable alternative and I'd like to see some positive change in this riding."

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Royal Canadian Regiment headed to Afghanistan
Command of Canada's battle group in Afghanistan has been handed over to the Royal Canadian Regiment, based in Petawawa, Ont., and Gagetown, N.B. **CBC NEWS ONLINE**

Canada

The supermom's work is never done

BRIAN TOWIE
brian.towie@metronews.ca

Neelam, 38, gets up at 4:45 a.m. to cook two days worth of meals for her sleeping family. She gets her nine-year-old son up at 6 a.m. By 7:15, she has dropped him off at school and is racing for the train that takes her to her nine-to-five job in Toronto as a team leader at a paycheque distribution company.

At 7:15 p.m., Neelam, who asked that her last name not be published, arrives home to find Dad with Junior, going over homework. They sit down to a family meal that takes 20 minutes to eat, usually in front of the TV. If Neelam's day job hasn't followed her home, she's afforded the luxury of roughly one hour with her family (which often entails making sure Junior's homework is done before he hits the sack at 8:30 p.m.) and maybe a book before everyone heads to bed at 10 p.m. — to do it all over again the next day.

BRIAN TOWIE/METRO TORONTO

Career moms Sarvjit, left, and Neelam fit 27 hours worth of activities in their 24-hour work and family day.

Neelam's case isn't unique. Living La Vida Rapida, a worldwide parenting study exclusively released to Metro's 100 dailies around the world by media research group OMD/AOL, partnering with Ipsos, concludes that while women's responsibilities in the workplace are growing, their traditional homemaker roles remain the same. The survey questioned parents from 13 countries — including the U.K., U.S., Russia, China and Canada — and found career moms can fit 27 hours worth of activity into 24 hours. Working mothers surveyed said they provide 66 per cent of the day-to-day parenting, compared to 74 per cent for non-working moms. Dads provided 36 per cent of the parental care.

It takes a toll on motherhood. Neelam says she plays the role of sergeant major instead of a sympathetic caregiver. "I don't have as much time to spend as I would like with my son as a mom," says Neelam. "I'm the one who has to make him do things he doesn't want to do."

It's a sentiment echoed by co-worker Sarvjit, 33, also a team manager. "It's just faster for me to do it all myself than waste time trying to find help," she adds.

Publication ban struck down in child-porn trial

COURT A judge has struck down an attempt to bar the public and media from a local child pornography trial that could have had wide-ranging implications for media freedom in Canada.

Justice Nancy Dawson denied an attempt by school principal Linda Carswell to prevent further reporting or public attendance at the trial of her husband, David, an elementary school teacher who was charged in 2005 with possessing child porn on his home computer.

Testimony

- In April, Linda Carswell told court in Bradford, Ont., she "felt intimidated" when police took her husband's computer.

Carswell claimed news reports about the trial affected her health and resulted in a whisper campaign of harassment and intimidation that she claimed followed her to London, Ont., when she got a job there.

Dawson issued her ruling against the publication ban on Aug. 25, but that decision was itself sealed under another publication ban because Carswell had 30 days to appeal. The latter ban was lifted on Friday.

Court sat on several occasions beginning early this year to hear Carswell's motion, which put on hold her husband's trial, which began in November 2006. Testimony from either matter could not be published while the motion hearings continued.

TORSTAR NEWS SERVICE

RCMP make big bust on N.S. coast

DRUGS RCMP arrested 12 people after a drug bust in Liscomb, N.S., yesterday.

Police caught smugglers unloading three speedboats loaded with "hundreds of pounds" of cannabis resin. Police said the drugs were destined for Central Canada and that the bust would "have an effect on the market" nationally. **METRO CANADA**

Quebec cop shot in raid on home

QUEBEC A Quebec provincial police officer was shot in the abdomen Saturday during a police raid on a house in St-Lin-Laurentides, about 60 kilometres north of Montreal, CBC News Online is reporting.

Police said the shooting happened around 4:30 p.m.

The officer was taken to hospital and is in stable condition with what was reported to be a serious wound. **METRO NEWS SERVICES**

News in brief

CLINIC A Toronto clinic that has helped thousands of mothers breastfeed their infants is pleading for financial help to stay open. The Newman Breastfeeding Clinic & Institute is financed privately by a family foundation, but the arrangement comes to an end on Sept. 30.

MELAMINE The Canadian Food Inspection Agency is warning people not to consume a Chinese dessert made with milk tainted with melamine. CBC News Online reports that the agency advised people yesterday to avoid Nissin Cha Cha Dessert, made with Yili Pure Milk.

TRANSIT More urban Canadians used transit to get around this summer than last, figures released on Friday by Statistics Canada suggest. The study showed ridership was up 4.9 per cent in July compared to the same month a year earlier.

METRO NEWS SERVICES

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Liberals would increase arts and culture spending: Dion

A Liberal government would not only reverse Conservative cuts to arts and culture, but increase spending in these areas by $530 million over four years, party leader Stéphane Dion said Saturday. TORSTAR NEWS SERVICE

Election 2008

Ads should have commentary

Behind-the-scenes talk about attack campaigns could uncover meaning

AdVentures

Mike Tennant

What campaign attack ads need is a commentary track, just like the ones that come on DVDs and Blu-ray discs, except these commentaries would tell you what the people behind them are really thinking.

Take the Tory ad warning about "gambling" on Stéphane Dion. A slot machine produces three images of Dion, punch line: Gamble on Dion and — wait for it — you lose. Switch to a commentary track and I bet you'd hear this:

"Welcome to a 30-second world where Stephen Harper is utterly perfect and Stéphane Dion is absolutely incompetent. Oh, and if you don't mind horribly, we're going to treat you like an idiot, incapable of supporting us on our merits.

"Let's face it — there's no second prize in an election; we can't afford to admit we're mere mortals, or to let you like Mr. Dion, even a little.

"And, frankly, we'd much rather ridicule Mr. Dion than talk about handguns, child poverty, or what Gerry Ritz passes off as a sense of humour."

And the Grits? The Liberal's new "Harpernomics" ad accuses the Conservatives of coddling corporate polluters, cutting development programs and engaging in divide-and-conquer politics. Its commentary track might say:

"If you think we can convey complicated economic policy in 30 seconds, you're out of your gourd, pal. So let's stick with name calling. 'Harpernomics' packs imagery of Ronald Reagan and '80s trickle-down economics into four tidy syllables. How's that for economy?

"We, too, will treat you like a moron, playing hopeful music and showing pretty pictures when we talk about ourselves and draining colour from the pictures when we talk about Mr. Harper. Remember how all the bad guys in Ben-Hur and Star Wars had British accents so you could tell them apart? Same idea.

"With luck, it will help you forget that little matter of the billion dollars we misplaced in Quebec in the '90s, or that we signed the Kyoto Accord and — whoops — forgot to act on it.

"Confidentially, we know Canada won't really slide into the sea if you elect the Tories. But until more Canadians tear themselves away from House and So You Think You Can Dance long enough to study issues and attend candidates' meetings, these asinine attack ads are all we've got.

"Besides, if all our ads were positive, do you really believe we'd still get all that free airplay from the talking heads on those political panel shows?"

Mike Tennant is a freelance ad writer and co-creator/writer of Terry O'Reilly and the Age of Persuasion on CBC Radio One.

On the web

Links to ads discussed in this column:

- Tories: www.youtube.com/watch?v=tWYcJnoU_EA
- Grits: www.youtube.com/watch?v=2TRpNo75qPU

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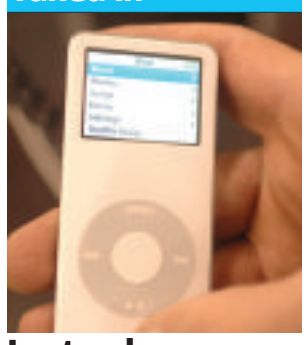

Layton hopes times a changin'

MUSIC Reporters travelling with Jack Layton were welcomed into the inner sanctum of his musical tastes when he connected his iPod to the loudspeaker on his campaign plane on the weekend.

As expected, the strains of War by Edwin Starr could be heard, but there was also Kung Fu Fighting by Carl Douglas and Vivian Hawke and Shaft by Isaac Hayes.

There was some Canadian content — notably Four Strong Winds by Ian and Sylvia, Big Yellow Taxi by Joni Mitchell and a lively a capella version of Barrett's Privateers — but Layton was also eager to sing Bob Dylan's The Times They Are a Changin' and pointed out the political themes.

TORSTAR NEWS SERVICE

Statement

NDP'er reveals the naked truth

STATEMENT A third NDP candidate in B.C. was forced to reveal the "naked truth" about his past after opposition parties used it to campaign against him.

Julian West, candidate for Saanich-Gulf Islands, issued a statement yesterday on his behaviour at an environmental conference 12 years ago.

"On a number of occasions throughout the weekend I removed my clothing in the presence of minors. Beyond that nothing inappropriate occurred," the statement said. West is not resigning, but two other NDP candidates quit last week due to past behaviour that could be seen as inappropriate. METRO CANADA

B.C. All aboard

RAFE ARNOTT/METRO CANADA

Elizabeth May hops aboard the Green Train in Vancouver yesterday. The train will pass through communities along the Via Rail line during the Green party's zero-carbon national election campaign. The tour will head through Alberta today.

Grits won't put Canada into deficit: Platform

The Liberals are to release their campaign platform today, spelling out how they plan to pay for their big-ticket promises.

The Liberals say the platform, A Richer, Fairer, Greener Canada, will be fully costed and fiscally responsible.

"A Liberal government will never put Canada into deficit. Period," the party said in a statement yesterday. "We are committed to balanced budgets, which is why all the commitments in this platform are set within a prudent fiscal framework."

That includes a contingency reserve of $3 billion a year, to be applied to the debt if it's not used.

The detailed plan will carry them through to the Oct. 14 election and, if they win the vote, into government.

In the meantime, the Liberals want to frame Stephen Harper in the leadup to the Oct. 14 election as a right-wing zealot who will not only destroy the economy, but change Canada into "Bush lite" north, a party spokesperson said.

TORSTAR NEWS SERVICE

Programs

- It will flesh out previously announced programs and build around the Green Shift environmental plan, which features a tax on fossil fuels while cutting income taxes to cushion the blow.

News in brief

RESIGNATION In the latest embarrassment for the Conservative campaign, a candidate who blogged after the July beheading on a Winnipeg-bound bus that Canadians should be allowed to carry concealed handguns for protection has resigned from the Toronto Centre race. Chris Reid said he "voluntarily" resigned Saturday from the race.

TORSTAR NEWS SERVICE

22 days remain until the 2008 Canadian federal election

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303 Centre St. SW
(403) 263-7595

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(403) 252-2227

8720 Macleod Tr. SW
(403) 287-0870

4550 – 17 Ave. SW
(403) 974-3150

1406 – 17 Ave. SW
(403) 265-5555

SOUTH EAST

Southtrail Crossing
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(Beside Zellers)
(403) 254-6901

Deerfoot Meadows
(403) 253-1800

NORTH WEST

Northland Village
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20 Crowfoot Cres. NW
(403) 215-7300

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Pope urges UN poverty drive despite banking crisis

Pope Benedict yesterday urged world leaders at this week's UN General Assembly not to allow the global financial crisis to distract them from efforts to try to wipe out poverty and disease. The pope acknowledged that such efforts require sacrifices, but said they would produce great benefits for needy countries. **REUTERS**

World

Rock star hurt in crash

Former Blink-182 drummer Travis Barker, left, suffered extensive burns in a private-jet crash that killed four other people on board late Friday night in South Carolina, CBC News Online reports. Doctors said Barker should make a full recovery, which could take up to a year.

Metro News Services

$700B market bailout is necessary evil: Paulson

U.S. Treasury Secretary Henry Paulson pressed his case for an unprecedented $700 billion US bailout of financial markets yesterday as negotiations over the plan opened between the administration and Congress.

The sweeping proposal would have the Treasury buy up bad mortgage-related debts from financial institutions, including U.S. subsidiaries of foreign banks, to try to stem the worst financial storm since the Great Depression.

Two key questions, however, remained unanswered even after Paulson appeared on four national television talk shows. What price will the United States pay for these toxic debts, which spawned a global credit crisis? When will it start buying them?

"This is not something that we wanted to do. This was something that was very necessary."
Henry Paulson

Paulson painted the proposed intervention into private markets as a necessary evil, arguing the consequences of inaction would be so dire that the large burden taxpayers would shoulder would be worth it.

"This is not something that we wanted to do. This was something that was very necessary," Paulson said on the NBC Sunday program Meet the Press.

"We did this to protect the taxpayer."

New York Senator Charles Schumer, a member of the Democratic leadership, said Democrats would not load up the bill with numerous extraneous provisions and said a measure to give a lift to the economy would likely be moved separately.

Still, speaking to reporters on Capitol Hill, Schumer and Senate Banking Committee Chairman Christopher Dodd said the plan needed stronger taxpayer protections and needed to do more to help distressed homeowners. In addition, they said more oversight of the program was essential. **REUTERS**

Al Qaeda suspected of Marriott bombing

PAKISTAN A suicide bomb attack that killed 53 people at the Marriott Hotel in Pakistan's capital of Islamabad bore the hallmarks of an operation by al Qaeda or an affiliate, Pakistani and U.S. intelligence officials said yesterday.

Teams combing the burnt shell of the hotel found more charred bodies after the blast on Saturday evening ignited a blaze that swept through the hotel, part of a U.S.-based chain and a favourite haunt of diplomats and wealthy Pakistanis.

Internal security in Pakistan, a country vital to the war against al Qaeda and other Islamist militant groups, has deteriorated alarmingly over the past two years.

"The sophistication of the blast shows it's the work of al Qaeda," a Pakistani intelligence officer told Reuters.

The Interior Ministry said 266 people were wounded, 11 of them foreigners, after the bomber blew up a truck packed with 600 kilograms of explosives, including artillery shells, mortar bombs and shrapnel. **REUTERS**

Inviting target?

- The hotel is Pakistani-owned, but Marriott is a U.S. franchise. There is only one other five-star hotel in Islamabad.
- It has been targeted twice before. In January 2007 a security guard died stopping a suicide bomber from sneaking in through a side entrance hours before a reception hosted by the Indian High Commission. An earlier, small blast in the lobby area failed to kill anyone.

News in brief

POLITICS Israeli Prime Minister Ehud Olmert handed his resignation to President Shimon Peres yesterday. Olmert, who faces criminal indictment charges in corruption probes, said earlier at the weekly cabinet session he was stepping down "in accordance with good governance."

POLITICS South Africa's ruling African National Congress will appoint the country's caretaker leader today after President Thabo Mbeki's ouster by the party yesterday. Mbeki told the nation that he had tendered his resignation just eight days after a judge threw out corruption charges against party leader Jacob Zuma, suggesting there was high-level political meddling in the case.

REUTERS

China **Farmers crying over spilt milk**

REUTERS

A farmer cries after her fresh milk was poured away yesterday due to the closure of a milk factory on the outskirts of Wuhan, Hubei province. Hong Kong supermarkets pulled some milk-powder products from their shelves yesterday and a three-year-old girl was found to have a kidney stone after drinking tainted milk — the island's first suspected victim of a health scare sweeping China.

Blaze in dance hall kills 43

TRAGEDY A fire at an illegal dance club in Shenzhen, China, just across the border from Hong Kong, left 43 mostly young people dead and another 88 injured in another grim reminder of the country's broken regulatory system.

The fire broke out just before midnight at the packed King of the Dancers club, sparked by a pyrotechnics display on the third floor, said Xinhua, quoting local police as saying.

The owner of the club was questioned by police, while 12 people had been detained, said Xinhua.

The main hall quickly filled with deadly smoke after the roman candle-type display touched ceiling tiles, and the lights went off soon after — plunging panicking revellers into darkness, said witnesses.

"The fire wasn't that big, but there was a lot of smoke," said a man surnamed Zhang, who said he worked at the club.

"Everyone was crowding towards the front entrance, because they didn't know about the (exit) in the back," said Zhang. **REUTERS**

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General Motors recalls Saturn Vue
GM recalled more than 42,000 Saturn Vue compact SUVs with six-cylinder engines from 2008 and 2009 — including 2,624 sold in Canada — on Friday because of a potential leak of power-steering fluid that could lead to a fire. **CBC NEWS ONLINE**

Business

Chavez 'takes back' mines

Venezuelan President Hugo Chavez, left, who previously nationalized swaths of the oil-based economy, said Friday he is "taking back" mines, and appeared to single out Las Cristinas, a large gold mine with world-class potential run by Canada's Crystallex. The mine was denied an exploration permit in April. REUTERS

EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

Business in brief

AIRLINE Alitalia's special administrator will make a last-ditch effort to sell Italy's loss-making airline today by public tender before calling in the liquidators. A rescue bid by Italian investors failed when it was rejected by unions last week.

ABCP Canada's Supreme Court declined on Friday to hear a legal challenge to a proposed restructuring of Canada's asset-backed commercial paper market, ending months of uncertainty and making way for an overhaul. **REUTERS**

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Leaders target finance 'fat cats'

Britain and France took aim at wealthy bankers and traders yesterday, describing the bonus culture as "perverse" and "unacceptable" as officials sought culprits in the global financial crisis.

Britain's prime minister, France's economy minister and the chief regulator of London's financial markets all pointed the finger at the pay structure among investment banks and brokerages and called for a reining in of excess.

So-called "fat cats" in the City — London's financial centre — have been criticized the past week as banks that paid multi-million-dollar bonuses last year moved to the brink of collapse in the stock market meltdown. **REUTERS**

Nomura, Barclays eye Lehman Bros.

ACQUISITION There are reports Japan's Nomura Holdings is interested in buying Lehman's European operations, while Barclays will bid for more Lehman assets, an insider said. **REUTERS**

Transcontinental founder praised

PRINTING The founder of magazine and newspaper publisher Transcontinental, Remi Marcoux, was named an honorary life member of the Canadian Printing Industries on Saturday. **METRO NEWS SERVICE**

Discovery That's some rock

REUTERS/PELHAM/HANDOUT

A model holds one of the world's largest diamonds, a near-flawless white gem discovered in Lesotho weighing nearly 500 carats, in this undated photo released in London yesterday.

Choose the train

If one million people commuted by train instead of by car, we could eliminate 1.2 million tons of CO_2 per year, according to The Live Earth: Global Warming Survival Handbook by David de Rothschild. METRO NEWS SERVICES

Going Green

Forest-friendly timbers

When building or renovating, choose forest-friendly timbers and support eco-forestry operations, according to Greeniology: How To Live Well, Be Green And Make A Difference by Tanya Ha. For more information, see www.fsc-canada.org or www.certifiedwood.org.

METRO NEWS SERVICES

EDITOR: MIKE DEREZYCKY, MIKE.DEREZYCKY@METRONEWS.CA

Forests are a critical 'hedge'

Decisions on how to manage woodlands need to be re-evaluated

ScienceMatters

David Suzuki & Dr. Faisal Moola

A forest is much more than the timber it holds. A forest provides habitat for wildlife, recreational opportunities and scrubs carbon dioxide from the atmosphere.

How much is a forest worth? And how do we calculate that value? Do we simply count the trees and figure out how much we could get for them if we were to cut them down and turn them into logs, lumber, and pulp and paper?

That's been the traditional approach, but it hasn't served us well. A forest is much more than the timber it holds. A forest provides habitat for wildlife, recreational opportunities for hikers and hunters, a place for quiet contemplation, and filtration and storage of drinking water. And because forests scrub carbon dioxide from the atmosphere and store it in their trees and soils, they are a critical "hedge" against global warming.

When we take into account all the ecological benefits, or services, a forest provides, we have to re-evaluate the way we make decisions about how we manage them. Clear-cutting an old-growth forest may provide temporary jobs and profits, as well as two-by-fours to build homes and furniture, but if it also results in the release of carbon stored in the trees and soil, thus contributing to global warming, or if it wipes out the habitat of an animal that is crucial to the natural order, then the short-term gains may not be worthwhile.

"When we take into account all the ecological benefits, or services, a forest provides, we have to re-evaluate the way we make decisions about how we manage them."

Two new reports illustrate the idea of taking into account the full suite of values that a forest represents, or its "natural capital," when making decisions about resource management. Dollars and Sense: The Economic Rationale to Protect the Spotted Owl Habitat in British Columbia, and The Real Wealth of the Mackenzie Region: Assessing the Natural Capital Values of a Northern Boreal Ecosystem both argue for a more holistic approach to managing our natural ecosystems.

For a long time, we've only considered the immediate market value of resources when making forest-use decisions. In doing so, we've ignored the enormous value of the ecosystem services that are critical to biodiversity, human health and community well-being. Although it's not easy to put a dollar value on things such as carbon sequestration and storage, water filtration, clean-water availability and species diversity, it's foolish to leave them out of the equation.

Taking into account all the values of a forest doesn't mean an end to logging and mining; it just means finding better ways to manage all our activities in these ecosystems — and it means putting a value on the very real services they provide. If we don't address the serious problems of global warming and biodiversity loss, as well as issues such as access to clean air and water, we may well join the spotted owl on the endangered list.

Take David Suzuki's Nature Challenge and learn more at www.davidsuzuki.org.

Dr. David T. Suzuki is a Vancouver-based award-winning scientist, environmentalist and broadcaster.

Glaciers

Rubber ducks to help scientist

GREENLAND To help figure out what's happening inside the fastest-moving Greenland glacier, a U.S. rocket scientist sent 90 rubber ducks into the ice, hoping someone finds them if they emerge in Baffin Bay.

The common yellow plastic bath toys are one part of a sophisticated experiment to determine why glaciers speed up in the summer in their march to the sea, said Alberto Behar of NASA's Jet Propulsion Laboratory in California.

The rubber ducks have been fitted with a GPS transmitter and instruments that can tell a lot about the inside of the glacier. REUTERS

News in brief

ANTARCTICA The hole in the ozone layer over Antarctica has already surpassed its 2007 size this year, and is set to keep growing for another few weeks, the UN weather agency said last week. REUTERS

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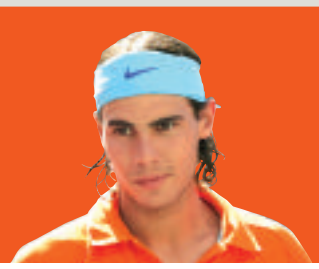
Sabres give GM contract extension
The Buffalo Sabres announced they have signed general manager Darcy Regier to a two-year contract extension. Regier, who has been the GM of the team since 1997, is entering his 12th year as GM of the club and his current contract will carry him through to 2010-11. METRO NEWS SERVICES

Sports



Spain downs U.S. in Davis Cup

World No. 1 Rafael Nadal, left, humbled Andy Roddick with a clay-court masterclass yesterday to knock holders the United States out of the Davis Cup and send Spain through to their sixth final. Concerns that Nadal was too tired to shine after playing 103 matches this year were banished as he dismissed the world number eight 6-4, 6-0, 6-4 in two hours 12 minutes to win Spain the tie 4-1. REUTERS

EDITOR: SPORTS@METRONEWS.CA

Defence earns respect

DAN TOTH
for Metro Calgary

It seems like ages since the Calgary Stampeders defence could steal the spotlight from the guys on the other side of the ball.

After all, since the Stamps new regime took control four seasons ago the focus has been on bringing in the best offensive talent money can buy — Henry Burris, Jeremaine Copeland, etc. — to light up the scoreboard and lead the Horsemen to a Grey Cup title.

"While defence wins championships" might be the ageless axiom elsewhere, in the Canadian Football League explosive offences usually dominate.

Yet Saturday's 34-4 win over Toronto's listing Argos makes it clear the 2008 Stamps might finally be fielding a group of defensive players who can equal the abilities of the glamour boys on offence by even managing to score some points.

Henry Burris

It was defensive stars such as linebacker Mike Labinjo and safety Wes Lysack who hit the scoreboard with their first professional touchdowns while the defence was sensational limiting Argos starting quarterback Cody Pickett's effectiveness.

Labinjo scored on a one-yard reception in the second quarter after lining up on the Stamps' short-yardage offence. Lysack returned an interception 57 yards for a score in the third quarter.

Stamps defensive backs Brandon Browner and Shannon James each forced Toronto fumbles.

Burris only passed for 241 yards — one of his poorest showings of the season — making him grateful for the defence's contributions.

"Those guys on defence have been playing their tails off all year and it was one of those situations where we did a good job to get pressure on (Pickett), forcing him to throw into coverage," said Burris, noting his appreciation for the Stamps defence.

"It's good to see those guys play like that, it will give them a lot of confidence. In order for us to make this (late-season) run, we're going to need them."

The win moved Calgary into a tie with the Saskatchewan Roughriders for first place with the CFL West Division.

"The guys on defence were a little (upset) a week ago when we collapsed against Montreal, so we wanted to come out and make a statement and play full 60 minutes," Labinjo said.

"I'm glad Lysack also got his first touchdown. Any time you can get into the endzone, it's big for our team. We did a good job."

SCOREBOARD

MLB

YESTERDAY'S RESULTS

AMERICAN LEAGUE
Boston 3 Toronto 0
Chicago White Sox 3 Kansas City 0
Cleveland 10 Detroit 5
L.A. Angels 7 Texas 3
Minnesota 4 Tampa Bay 1
Oakland 5 Seattle 3
Baltimore at N.Y. Yankees

NATIONAL LEAGUE
Arizona 13 Colorado 4
Atlanta 7 N.Y. Mets 6
Chicago Cubs 5 St. Louis 1
Houston 6 Pittsburgh 2
Milwaukee 8 Cincinnati 1
Philadelphia 5 Florida 2
San Diego 6 Washington 2
San Francisco 1 L.A. Dodgers 0 (11)

TODAY'S GAMES

AMERICAN LEAGUE
Cleveland at Boston, 7:05
Kansas City at Detroit, 7:05
Tampa Bay at Baltimore, 7:05
Oakland at Texas, 8:05
L.A. Angels at Seattle, 10:10

NATIONAL LEAGUE
Florida at Cincinnati, 2:10
Atlanta at Philadelphia, 8:05
Chicago Cubs at N.Y. Mets, 8:10
Arizona at St. Louis, 9:15

CFL

WEEK 13

FRIDAY'S RESULT
Winnipeg 25 Hamilton 23

SATURDAY'S RESULTS
B.C. 27 Saskatchewan 21
Calgary 34 Toronto 4

SUNDAY'S RESULT
Winnipeg 25 Hamilton 23

NFL

WEEK 3

YESTERDAY'S RESULTS
Atlanta 38 Kansas City 14
Baltimore 28 Cleveland 10
Buffalo 24 Oakland 23
Denver 34 New Orleans 32
Jacksonville 23 Indianapolis 21
Miami 38 New England 13
Minnesota 20 Carolina 10
N.Y. Giants 26 Cincinnati 23 (OT)
Philadelphia 15 Pittsburgh 6
San Francisco 31 Detroit 13
Seattle 37 St. Louis 13
Tampa Bay 27 Chicago 24 (OT)
Tennessee 31 Houston 12
Washington 24 Arizona 17
Dallas at Green Bay

TONIGHT'S GAME'S
N.Y. Jets at San Diego, 9:30

Bertuzzi lands on Flames top line with Iginla

LAURENCE HEINEN
for Metro Calgary

FLAMES Todd Bertuzzi started his first training camp out on a line with captain Jarome Iginla and centre Daymond Langkow.

Todd Bertuzzi

The high-profile free agent signing said he's excited to get a chance to begin the season on Calgary's top line.

"It would be nice to get some early chemistry and hopefully we can get clicking early," said Bertuzzi, who reported to camp at 226 pounds, his lowest weight since his days playing minor hockey. "I think in midget or peewee and I had a good year then, too."

Iginla, who fully endorsed the signing of Bertuzzi July 7, said the line has the potential to do some damage. "We're a competitive bunch," said Iginla when asked about the potential of the line to be a force this season. "I'm looking forward to it, but it's pretty early."

Training camp continues today. The Flames first exhibition game is Tuesday night (7 p.m.) at home.

SHAUN BEST/REUTERS
An upbeat United States team won the Ryder Cup for the first time in nine years yesterday.

Americans reclaim Ryder Cup

GOLF An upbeat United States team inspired by rookie Anthony Kim won the Ryder Cup for the first time in nine years yesterday, beating Europe by 16½ points to 11½.

Kim crushed Sergio Garcia 5&4 in the top encounter to set the tone for the Americans before Jim Furyk secured the decisive point with a 2&1 victory over Spaniard Miguel Angel Jimenez at a sun-drenched Valhalla Golf Club.

It was Europe's heaviest defeat since they were pummelled 18½ to 9½ at Walton Heath in 1981 and ended a run of three successive victories in the biennial team competition, the last two by lopsided margins.

"My players poured their heart and soul into it this week," an emotional U.S. captain Paul Azinger said. REUTERS

Miami ends Pats streak at 21

NFL Ronnie Brown ran for four touchdowns and threw for another score, as the Miami Dolphins pulled off a stunning 38-13 victory yesterday over New England at Gillette Stadium and ended the Patriots' regular-season winning streak at 21 games.

The Dolphins, coincidentally, were also the last team to beat the Patriots in the regular season, earning a 21-0 triumph Dec. 10, 2006 in Miami.

In other NFL action, Eagles 15, Steelers 6; Jaguars 23, Colts 21; Ravens 28, Browns 10; Seahawks 31, Rams 13; Broncos 34, Saints 32; Redskins 24, Cardinals 17; Giants 26, Bengals 23 (OT). METRO NEWS SERVICES

Sports in brief

MLB New York's Yankee Stadium saw what will likely be its last pitch yesterday. Thousands of fans streamed into the stadium earlier in the afternoon to take pictures, run the bases and soak in the atmosphere. Next season the Yankees move across the street to a new $1.6-billion stadium complex that houses shopping, a stadium and bars. METRO NEWS SERVICES

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Enrolment boom in SIAST trades programs
The Saskatchewan Institute of Applied Science and Technology is experiencing an enrolment boom, so much so that school officials say they are running out of classroom space. SIAST has had a 41 per cent increase in enrolment in trades. METRO NEWS SERVICES

Workology

Worth finishing

Apprentices who complete their program are more likely to have full-time jobs and earn substantially higher wages than those who do not finish, according to new Statistics Canada data. METRO NEWS SERVICES

EDITOR: DOUGLAS DUNLOP, DOUGLAS.DUNLOP@METRONEWS.CA

Homework: I'll just do it later

BRIAN COULTON
for Metro Canada

Students are much more likely to put off tasks than the general population, studies suggest.

Save this article for later. You do have e-mails to check, wall posts to make on Facebook, an afternoon shift and a friend's gig to go to tonight. Plus, you'll get to it right afterward ... right?

Not quite, according to the Chronicle of Higher Education. The college and university focused newspaper reports 70 per cent of post-secondary students usually procrastinate. Compare that to the general population, of whom only 20 per cent put tasks off and students start looking like the young slackers they're reputed to be.

But before writing off more than one million students who returned to college and university this month, comparing their circumstances to preceding pupils might help explain just why so many of them delay.

"Students have way more things on their plate now than they did 10 or 15 years ago. They are balancing a lot more than a student club," says Christie Goode.

She's the Vancouver-based creator of HomeworkTree.com, a new online planning resource for post-secondary students that help them to allocate time to complete assignments and offers homework tips.

Goode says the context of university creates a perfect environment for procrastination. "(University) is a unique environment that breeds this possibility. It's a social and work context that doesn't happen in other areas of life." She chalks up that circumstantial distinction to the abundance of long-term deadlines, extra-curricular activities and free time only typical of students.

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Let's twist again...

OddJobs

Diane Peters

Debbie Stevens twists balloons to entertain kids. But she could capture the imagination of little ones long before she knew how to make a balloon dog.

The stay-at-home mom ran a homecare back in the mid 1980s. She became known around her neighbourhood in Bowmanville, Ont., for her storytelling and ability to connect with kids.

One day, a friend asked her to provide the entertainment for a birthday party. Stevens performed magic, told stories and ran games. That led to more parties. Needing more tricks, she got a book from the library on balloon animals.

She took to this unusual art form right away. "Within a few weeks I got bored and came up with my own designs," says Stevens, now 44.

Eventually, Stevens got hired to sculpt balloons at corporate events such as grand openings, Christmas parties and company picnics. Through those, she got hired by the Toronto Maple Leafs to work the lobby of Maple Leaf Gardens (that was in 1999, the team's last year in the arena). She handed out her business card and got a lot more work.

When she does events, Stevens twists anywhere from three to 12 balloons to make various animals, cartoon characters like Spiderman or Buzz Lightyear, or even create a wearable costume and turn a child into a walking butterfly or dragon.

"When I create, I'm not just making a balloon. I'm telling jokes, I'm bonking kids on the head with balloons, it's very animated," says Stevens. She adores children and considers keeping them amused just as important as twisting.

At home, Stevens will spend hours designing new creations. She uses a picture of a cartoon character or real-life animal, or sometimes just invents out of her imagination.

Balloon work relies on about a dozen moves: loops, bubbles, spirals and various weaves. Stevens figured out the basics from that first book and picked up more at a balloon-twisting conference in 2003.

In 2005, Stevens created a live black-lit show using music, huge balloon creations and the help of her two sons and husband onstage while her daughter acts as stage manager. Recently, since her two sons are in university, she's started a solo show that runs with her 14-year-old daughter's assistance.

Yes, The Twisted Ones is now a full-time business. Stevens spends weekdays doing administrative work and designing while the weekends are booked solid with gigs.

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

The Lowdown

Job title: Balloon twister
Salary: Anywhere from $25,000 to $75,000.
Education/training: A book or conference seminar.
Best Part of the Job: "Doing the balloon twisting for the kids. It's really a high for me to make those children so happy."
Worst Part of the Job: "The office work."

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New sis for Sarah
Sarah Chalke's getting a new sister on How I Met Your Mother. Danneel Harris has replaced Sara Paxton as Stella's sibling Nora. **EW.COM**

Entertainment

It's undecided
The return for a second season of reality TV show Denise Richards: It's Complicated is still being decided, contrary to earlier reports, TV executives at E! have said. **IMDB.COM**

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONEWS.CA

John Adams romps to Emmy glory

Funny guys Gervais, Kimmel save show from a lukewarm opening number

BRIAN COULTON
for Metro Canada

Although it got off to a comically rocky start, the 60th Primetime Emmy Awards successfully picked up steam in Los Angeles last night with miniseries John Adams walking away as the night's big winner.

The HBO biopic that retells the first decades of the United States won five awards including the honour for Outstanding Miniseries. Paul Giamatti and Laura Linney won awards for Outstanding Lead Actor and Actress in a Miniseries or Movie and Tom Wilkinson won for Outstanding Supporting Actor in a Miniseries or Movie for the show. John Adams also won the categories' Outstanding Writing award.

30 Rock was the night's top victor among comedy shows, winning the award for Outstanding Comedy Series. Tina Fey netted two awards, for Outstanding Lead Actress and Outstanding Writing, and Alec Baldwin won Outstanding Lead Actor for the show.

Emmy Winners

- Drama Series: Mad Men.
- Comedy Series: 30 Rock.
- Actor, Drama Series: Bryan Cranston, Breaking Bad.
- Actress, Drama Series: Glenn Close, Damages.
- Actress, Comedy Series: Tina Fey, 30 Rock
- Actor, Comedy Series: Alec Baldwin, 30 Rock.
- Supporting Actor, Drama Series: Zeljko Ivanek, Damages.
- Supporting Actress, Drama Series: Dianne Wiest, In Treatment.
- Supporting Actor, Comedy Series: Jeremy Piven, Entourage.
- Supporting Actress, Comedy Series: Jean Smart, Samantha Who?
- For a complete list of winners go to emmys.tv

Other comedy honours went to Jeremy Piven for Outstanding Supporting Actor for Entourage, his third consecutive win in the category, and Jean Smart of Samantha Who? for Outstanding Supporting Actress.

Awards for drama series were largely distributed among nominees. Mad Men won two awards for Outstanding Drama and Outstanding Writing. Outstanding Lead Actor and Actress awards went to Bryan Cranston for Breaking Bad and Glenn Close for Damages, which also saw Zeljko Ivanek win for Outstanding Supporting Actor. Dianne Wiest won for Outstanding Supporting Actress for her role in In Treatment.

The show opened with the five inaugural nominees for new Emmy category Outstanding Host for a Reality Program who took to the stage with a lukewarm opening display lacking chemistry and (more embarrassingly) audience laughs.

Tom Bergeron, Heidi Klum, Howie Mandel, Ryan Seacrest and Jeff Probst, eventual winner of the hosting award for Survivor, struggled through their awkward introduction before randomly inviting William Shatner from the audience. He and Bergeron proceeded to rip Klum's black-tie suit off her body, revealing a sparkling black ensemble.

Thankfully, later appearances by comedians Ricky Gervais, Don Rickles and Jimmy Kimmel redeemed any salvageable comedic value.

Singer Josh Groban maintained excitement, charmingly delivering musical renditions of themes from over 25 shows including Friends, South Park and even COPS. Tributes were also made to memorable program locales like the diner in Seinfeld, Desperate Housewives' Wisteria Lane and the living room from The Simpsons.

ALL PHOTOS GETTY IMAGES

Clockwise from top right: Actress Laura Linney accepts the Emmy for Best Lead Actress, Miniseries or Movie for John Adams. Actor Jeremy Piven kisses Amy Poehler's stomach after winning the Emmy for Best Supporting Actor, Comedy Series for Entourage. Actress Tina Fey, centre, accepts the Emmy for Best Series, Comedy for 30 Rock. Heidi Klum was one of the five co-hosts of the Emmys, along with Tom Bergeron, Howie Mandel, Ryan Seacrest and Jeff Probst.

Stiles' Broadway debut
Actress Julia Stiles is set to make her Broadway debut with a reprisal of her role in hit play Oleanna. IMDB.COM

Entertainment in brief

PEOPLE Pop star George Michael apologized to fans yesterday after his arrest by police for possession of drugs. Michael, 45, was arrested in a public toilet in the north London suburb of Hampstead on Friday afternoon after he was found in possession of crack cocaine and cannabis, according to the Sunday People newspaper. "I want to apologize to my fans for screwing up again, and to promise them I'll sort myself out," Michael said in a statement issued through his publicist.

REUTERS

Suicides devastate family

Blue Genes

Author: Christopher Lukas
Publisher: Doubleday
Price: $27.95 (Hardcover)

In Blue Genes, Christopher "Kit" Lukas tells the real-life story of his family's past and the delicate relationship with his brother Tony.

While Kit found his calling behind the scenes in television, Tony flourished as a Pulitzer Prize-winning journalist. The suicide of a depressed Tony in 1997, however, recalled all too well the death of their mother by her own hand when they were just little boys. Blue Genes allows Kit an outlet to reflect on how depression has ravaged the lives of those close to him and to navigate the difficult road toward escape.

Brian Coulton/for Metro Canada

Miss Chopsticks

Author: Xinran
Publisher: Vintage
Price: $21.95 (Paperback)

Inspired by Xinran's work as a journalist probing the lives of Chinese women in arranged marriages, Miss Chopsticks explores what it means to be female living in modern China. The novel introduces the Li sisters (named Three, Five and Six for their birth order) who quickly learn that it's a man's world. The three are brought up with ideas of women as serviceable compared to their male counterparts. When they move from their rural village to the big city of Nanjing, the sisters learn how the place is one of cultural metamorphosis and a breeding ground for change.

Brian Coulton/for Metro Canada

BookPicks

The Heretic's Daughter

Author: Kathleen Kent
Publisher: Little, Brown and Company
Price: $27.95 (Hardcover)

The Heretic's Daughter retells the dark American chapter during the 17th century Salem witch trials as Sarah Carrier Chapman recalls her upbringing on a Massachusetts farm outside Salem. Kathleen Kent recaptures the arcane period, etching an image of Martha Carrier, of whom the author is directly descended. While grim, the story is told with a powerfully intimate touch.

Brian Coulton/for Metro Canada

Box office

The following are the top 10 films at the North American box office for the three-day weekend beginning Friday, led by the new release Lakeview Terrace, starring Samuel L. Jackson, according to studio estimates compiled yesterday:

1. **Lakeview Terrace:** $15.6 million US
2. **Burn After Reading:** $11.3 million
3. **My Best Friend's Girl:** $8.3 million
4. **Igor:** $8 million
5. **Righteous Kill:** $7.7 million
6. **The Family That Preys:** $7.5 million
7. **The Women:** $5.3 million
8. **Ghost Town:** $5.2 million
9. **The Dark Knight:** $3 million
10. **The House Bunny:** $2.8 million

REUTERS

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Gervais no "comedy pirate"
Funnyman Ricky Gervais has revealed he turned down a leading role in the lucrative Pirates Of The Caribbean film franchise because he didn't want to play "a comedy pirate" on the big screen. IMDB.COM

Oprah picks novel by debut author

Oprah Winfrey

BOOKS Debut author David Wroblewski took more than 10 years writing his first novel but now looks destined for overnight success, chosen by influential U.S. talk show host Oprah Winfrey as her latest book club pick.

Oprah on Friday named The Story of Edgar Sawtelle by Wroblewski as the 62nd pick for her book club, saying the debut novel was "right up there with the greatest American novels ever written."

"It's everything you want a book to be," Oprah said in a statement.

Dr. Oz cleared for launch in 2009

TALK Just days into the 2008-09 season, talk show Dr. Oz has been cleared in 40 per cent of the country for a fall 2009 launch.

Oz, from Oprah Winfrey's Harpo Prods., features Oprah regular Dr. Mehmet Oz. It becomes the first first-run syndicated show to announce station clearances for next year, with most of those primarily in afternoon slots.

Sony Pictures Television has sold the show in 13 of the top 20 markets, including the Fox-owned stations in New York, Los Angeles and Chicago

Guitar Hero eyes new rock acts

GAMING With the much-anticipated Rock Band 2 now on store shelves, rival franchise Guitar Hero is sneaking into the news on several fronts.

Velvet Revolver guitarist Slash let it slip to Rolling Stone that Guitar Hero is working on a Jimi Hendrix special edition akin to what it did with Aerosmith. Metallica is another band previously identified as heading for its own Guitar Hero title. Both are expected after the holiday release of Guitar Hero: World Tour.

Additionally, Guitar Hero publisher Activision reportedly is mulling a subscription service for adding downloadable songs to the game. REUTERS

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Heroes up to old tricks

IntelleVision

rick.mcginnis@metronews.ca

JUST FOR ONE DAY: The Q rating — one of those strange quasi-scientific phantasms of the marketing business — is a way of measuring the emotional appeal of anything from a politician to a breakfast cereal, and according to a recent study done by Marketing Evaluations Inc., the company that came up with the Q test back in the Mad Men era of 1963, Survivor, Heroes and House are the leading primetime Q scorers.

According to Marketing Evaluations, the Q score is an indicator of "the commitment that key viewers have to continue watching a show into the future," which would be a very big deal for a show like Heroes, which got off to a roaring first season and had its inevitable sophomore slump amplified rather sharply by having its second season cut in half by the writers' strike last winter, which forced series creator Tim Kring and his writers to cut a whole storyline they'd had planned for the second half of the season.

Season two ended with the usual cliffhanger, one that felt like a pointed reference to the 1968 assassination of Robert F. Kennedy — Nathan Petrelli (Adrian Pasdar) lying on the ground with two bullets in his chest, cradled by his brother Peter, shot by an unknown gunman just as he was about to blow the lid on the whole mutant underground/The Company thing. Season three begins tonight four years in the future — some rain-slicked one where everyone dresses in black and slicks back their hair; why, I'm moved to ask not for the first time, does the future so often look like Berlin in the '80s?

Peter Petrelli (Milo Ventimiglia) is on the run from some shadowy mob, and ducks into the usual convenient empty warehouse to find Claire (Hayden Panettiere) pointing a gun at his head, obviously well pissed at him for some as-yet-unspecified king hell betrayal. Kring has named the show's third chapter Villains, and it seems like Peter has passed over to some kind of dark side in one of the multitudinous alternate futures that the show spins off like chunks of bald tires on the shoulder of some well-used highway.

Milo Ventimiglia, left, stars as Peter Petrelli and Hayden Panettiere stars as Claire Bennet in a scene from Heroes.

The preview disc I saw only included half of the two-hour season premiere, but it set a brisk pace from the first minutes — a welcome change from the previous season's occasional torpor — and tossed up a few new balls for the new season to keep in the air. There's a new side to Sylar, it seems, at least a couple of the once superpower-free civilians in the cast look like they've been given an upgrade, and Nathan gets religion. You didn't really think he was dead, did you? He's not the only Lazarus, though, which highlights my biggest problem with the show; with all those powers ricocheting around, death is often just an inconvenient stumble, and you can usually count on any given corpse showing up an episode or two later. It's the oldest comic book storyline switchback in the book, but it does absolutely nothing to ramp up the dramatic possibilities of the show, since it lowers the stakes to negligible, somewhere between a videogame and the "They killed Kenny!" gag that even South Park saw fit to drop after a few seasons.

Rick McGinnis writes about music, movies, books and television

CA	Vu	SC		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
9/22/08 primetime	267	351	- ACCESS	Help TV		The Mentalist "Pilot" (N)		Sarah Connor Chronicles		Two/Half Men	Hole in Wall	Help TV
	243	317	3 CFCN	eTalk	Hollywood	CSI: Miami (N)		Dancing With the Stars (HDTV) (Season Premiere)				News (N)
	-	-	4 BROAD	(4) Broadcast News News.		Broadcast News News.						
	-	371	5 KXLY	News	News	Entertainment	The Insider (N)	Dancing With the Stars				Boston Legal
	245	306	6 CBRT	Coronation St.	Jeopardy! (N)	*The Englishman's Boy* (2008, Drama) Michael Therriault.				CBC News: The National		The Hour
	244	338	7 CICT	ET Canada	Entertainment	Prison Break (HDTV) (N)		Heroes The identity of the shooter is revealed. (N)				News Hour
	246	-	8 CKAL	Law & Order: SVU		*GoldenEye* ★★★ (1995, Action) Pierce Brosnan, Sean Bean, Izabella Scorupco.						Your City
	119	705	9 CBXFT	Virginie (SC)	Les Parent	L'Auberge du chien noir (SC)		Hauts		Le Téléjournal (SC)		TJ Alberta
	-	-	10 SHAW	(6) Local Programming						Local Programming		
	-	372	12 KREM	News (N)	Hollywood	The Doctors		Big Bang Th	How I Met	Two/Half Men	Worst Week	CSI: Miami (N)
	-	374	14 KSPS	NewsHour With Jim Lehrer		Jack Benny	Wait for God	Antiques Roadshow		American Experience "Reagan: Lifeguard"		
	502	390	15 CBC	CBC News: The National		Daylight Robbery (N)		CBC News: The National		CBC News: The National		Daylight
	-	370	16 KHQ	News (N)	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	Heroes (HDTV) (N)		Heroes (HDTV) (Season Premiere) (N)		
	-	373	22 KAYU	The Simpsons	The Simpsons	Two/Half Men	Two/Half Men	Sarah Connor Chronicles		Prison Break (HDTV) (N)		News (N)
	297	652	37 WPIX	One Tree Hill (HDTV) (N)		CW11 News at Ten		Two/Half Men	Friends	Sex and-City	Will & Grace	According-Jim
news	500	500	29 CNN	Larry King Live		Anderson Cooper 360 (HDTV)				Larry King Live		Cooper 360
	508	502	31 CNN2	Glenn Beck		Nancy Grace		Showbiz Tonight		Glenn Beck		Nancy Grace
sports	400	400	21 TSN	(6:30) NFL Football New York Jets at San Diego Chargers.					SportsCentre		UEFA Weekly	Triathlon
	408	418	27 net	MLB Baseball: Cubs at Mets		Sportsnet Connected		Hockey Central	Week-Baseball	Sportsnet Connected		Best-Sports
	410	403	30 SCORE	(7:15) WWE Monday Night Raw				(9:15) Score Tonight		WWE Monday Night Raw		
	411	457	44 OLN	Mantracker (N)		Departures "Thailand"		Pilot Guides		Don't Forget Your Passport		Mantracker
	417	406	48 SPEED	Big Shots: Titans at the Tee		Barrett-Jackson		Pinks (HDTV)	Pass Time	This Week in NASCAR		Big Shots
family	552	543	20 YTV	Drake & Josh	iCarly	The Next Star		Prank Patrol	Futurama	Prank Patrol	Mystery Hnt.	Adrenaline Proj
	557	541	39 FAM	Zoey 101	Life Derek	Wizards-Place	That's-Raven	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School
	555	545	67 TOON	World of Quest	Johnny Test	George-Jungle	Bugs Bunny & Tweety Show		6teen	Total Drama	Futurama	American Dad
cable variety	575	583	11 CMT	Reba	Hope & Faith	Home Improve.	Home Improve.	Karaoke Star "Toronto, ON"		Reba	Hope & Faith	Home Improve.
	553	546	17 TREE	Little Bear	Miss Spider	Comfy Couch	Rolie Polie Olie	Beren. Bears	Babar	Backyardigans	Dora-Explorer	Go, Diego, Go!
	-	-	18 CHTV	The Insider (N)	E! News	Boston Legal (N)		'Til Death	How I Met	Do Not Disturb	Worst Week	News (N)
	505	398	19 TWN	(5) EarthWatch One		EarthWatch One		EarthWatch Two				
	602	568	23 W	Shopping Bags	Style by Jury	Will & Grace	Friends	How Clean	House	Love It or List It (N)		Real Est
	521	560	24 TLC	Jon & Kate Plus 8		Jon & Kate	Jon & Kate	Kids by the Dozen		Jon & Kate Plus 8		Jon & Kate
	603	561	25 FOOD	Good Eats	Perfection	Ramsay's Kitchen Nightmares		Restaurant Makeover		Iron Chef America		Good Eats
	615	520	26 A&E	Intervention "Caylee"		Paranormal	Paranormal	Paranormal	Paranormal	Intervention		Intervention
	617	522	32 SHOW	Prime Suspect 6: Last Witness		Love-Death	Love-Death	Painkiller Jane		Kenny-Spenny	Rent-A-Goalie	Name Is Earl
	601	562	33 SLICE	Wedding SOS	Party Mamas	Project Runway (N)		End of Leash	Spoiled Rotten	Wedding SOS	Party Mamas	Runway
	-	633	34 ENC2	*Last Married*	(7:45) Filmography		Filmography	*Soylent Green* ★★★ (1973, Science Fiction)			(10:40) *Cat People* (1982)	
	520	505	35 DISC	Verminators (N)		Dirty Jobs (N)		Daily Planet		Verminators		Dirty Jobs
	620	523	36 BRAVO	And They Danced		Moments in Motion		Law & Order "Monster"		Without a Trace		*Confessions*
	294	650	40 WPCH	MLB Baseball		Family Guy	Family Guy	Seinfeld	Cheers	*Enough* ★★ (2002, Suspense)		
	626	547	41 COM	Laughs	Comedy Now	Air Farce	Just for Laughs		Corner Gas	The Simpsons	South Park	The Cho Show
	-	539	42 TCM	*The Big Street*	*Stars in My Crown* ★★★ (1950, Drama)			(9:15) *One Way Passage* (1932, Drama)			*Devil's Doorway* ★★★ (1950)	
	628	584	43 SPIKE	CSI: NY (HDTV)		CSI: NY "Oedipus Hex"		CSI: NY (HDTV)		CSI: NY "Cool Hunter"		CSI: NY
	522	516	45 HIST	Tank Overhaul		NCIS		Battle 360		Tank Overhaul		NCIS
	627	528	46 SPACE	Battlestar Galactica		Eureka "Best in Faux"		Stargate SG-1 (DVS)		Lost "Solitary"		Deep Space 9
	-	-	47 AMC	(6) *The Man in the Gray Flannel Suit* (1956, Drama)				(9:15) *Silverado* ★★★ (1985, Western) Kevin Kline, Scott Glenn.				
	619	525	49 TROP	News Show	News Show	TV Made, Do It	Very Bad Men		What Happen?	Make or Break	TV Made, Do It	Planet Soap
	600	564	50 HGTV	Property Virgin	House Hunters	Location, Location, Location		Holmes on Homes		Design U	Home to Stay	Property Virgin
	501	391	52 CTV	CTV Newsnet		News	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet	News
	504	508	70 BNN	Squeeze Play		Market Call		Headline	Market Call	Berman's Call	Money Talks	Squeeze Play
	526	507	92 CLT	The Color of War		Mysterious Ways		Judging Amy		The Mormons (DVS)		Color of War
	269	350	93 APTN	News		Notre Peuple		La Cité	Mishkuenita	*Les Dieux sont tombés sur la tête* (1981)		
	-	-	94 MCP	(6:30) News	News	Matchmaker	Daughters-Law	It Will Be Difficult to Love		Marimar		Telesine Night
	571	581	100 MMM	Where You At	Revival	Gene Simmons	Gene Simmons	Party of Five		Gene Simmons	Gene Simmons	Party of Five
	570	580	101 MM	MuchNews	The NewMusic	Legally Blonde		MuchVibe		So You Think You Can Dance Canada		
	581	566	102 MTV	Exiled	The Hills	The Hills	After	MTV Live	MTV News	Super Sweet	The Hills	The Hills

critics'corner

Dirty Jobs
Insert your "rotten to the core" joke here. In "Dirty Jobs of the Big Apple," host Mike Rowe is in a New York state of mind. There are 8 million stories in the naked city, and almost as many unpleasant ways to earn a living. Rowe doesn't get to all of them, but he does take on the construction of a water tower atop a skyscraper and learns how to repair elevators. Those with fears of heights or small spaces need not apply. 8 PM on DISC

Boston Legal
Yep, his name's still on the door. The outrageous Denny Crane (William Shatner) and his colleagues are back for a new season of quirky action at the office, in the courtoom and elsewhere — including a yacht full of hard-partying young adults in the season premiere, which finds Denny and Alan (James Spader) getting some use out of their Coast Guard Auxiliary status. Denny's doctor drops a possible bombshell on him in "Smoke Signals." 8 PM on CHTV

Anderson, PETA take on Armani
Pamela Anderson has teamed up with animal-rights activists at People for the Ethical Treatment of Animals to encourage A-list stars to shun fashion designer Giorgio Armani for using fur. IMDB.COM

Celebrity Buzz

Fox defends female posers

PHOTOS Actress Megan Fox has jumped to the defence of Disney stars Vanessa Hudgens and Miley Cyrus after their 2007 and 2008 private photo scandals, femalefirst.co.uk reports.

Naked snaps Hudgens took for boyfriend Zac Efron made their way onto the Internet in 2007, embarrassing the actress. Cyrus experienced her own string of scandals this year, when self-taken cellphone pictures also emerged on the Internet. She also posed for a Vanity Fair photoshoot that was deemed to be too saucy for a 15-year-old girl.

But Fox is outraged the young stars felt pressure to say sorry, insisting those responsible for exposing the candid snaps should be blamed and ashamed.

"I would never issue an apology for my life and for who I am," she tells GQ magazine. "It's like, 'Oh, I'm sorry, I took a naked, private picture that someone, who is an a–hole, sold for money.' Someone betrayed Vanessa, but no one's angry at that person. She had to apologize."

METRO NEWS SERVICES

GETTY IMAGES PHOTOS

Sex-y role for Cyrus?

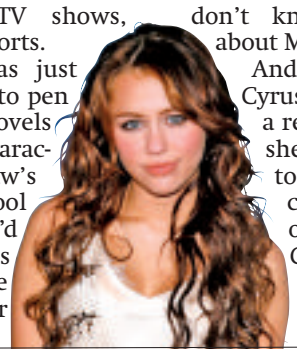
TV Sex and the City author Candace Bushnell wants teen sensation Miley Cyrus to play the young Carrie Bradshaw if her prequel novels are turned into movies or TV shows, imdb.com reports.

Bushnell has just signed a deal to pen two teen novels about her character Bradshaw's high school years and she'd love for Cyrus to take the lead in a TV or film spinoff.

When asked to name her new Carrie — a part Sarah Jessica Parker has played on the big and small screen — Bushnell said, "I don't know … What about Miley Cyrus?"

And it appears Cyrus is game — in a recent interview she said, "I'd love to do a younger, cleaner version of Sex and the City."

METRO NEWS SERVICES



Wahlberg, fiancée welcome Baby 3

BABY Actor Mark Wahlberg and his fiancée Rhea Durham have become parents for a third time after having a baby boy, imdb.com reports.

The couple welcomed the tot on Tuesday in Los Angeles.

A name for the baby has not yet been announced.

METRO NEWS SERVICES

celebrity brief

Heather Mills has no regrets

RELATIONSHIPS Former model Heather Mills does not regret her marriage to Beatles legend Paul McCartney — because she fell pregnant after years of heartache, imdb.com reports.

Mills and McCartney endured a messy public divorce earlier this year after six years of marriage.

During their divorce battle, court papers leaked in which Mills falsely claimed McCartney was an abusive husband, a drunk and a wife-beater.

But now she has spoken out about their marriage and insists she does not regret it because it gave her a daughter.

Mills tells Britain's Daily Mail newspaper, "How would you feel if you had been through what I have?

"But no, how can I regret something which gave us our beautiful daughter Beatrice? … I could never regret something which gave me Beatrice. But I'm ready to move on in my life now. I'm not a negative person.

METRO NEWS SERVICES

Duchovny recovery a work in progress

REHAB Actor David Duchovny is "doing well" since admitting himself into rehab for sex addiction, according to one of his co-stars on hit U.S. TV show Californication, imdb.com reports.

The 48-year-old, who plays a sex-loving author in the raunchy cable show, checked himself into rehab last month in a bid to control his own sexual urges.

Actor Evan Handler has sent his best wishes to the star, and admits he's looking forward to getting back to work when Duchovny returns to the set.

He said, "The most I can say is that I hope he's doing really well — and I heard he is doing really well. I can't wait to go back on the set because the work experience is the best one that I've had."

When asked if Duchovny would attend the series' premiere Sept. 28, Handler said: "I have no idea whether I'll see him there or not."

METRO NEWS SERVICES

"This makes no sense at all …"

by Joe O'Neill

Stop the presses! **Heather Mills** does not regret her marriage to **Sir Paul McCartney**. More specifically, she does not regret failing to sign a pre-nup, and her reasons for this number approximately 50 million. And, oh yeah, better throw the kid in there, too.

I sometimes suspect that **Yoko Ono** hired Heather to do what she did because Yoko was tired of her status of most hated person in history amongst Beatle fans, by which I mean approximately 78 per cent of the population of the developed world. If my suspicions are correct, Heather has earned her money.

Mills says she's ready to move on with her life and help with causes that are close to her heart. It's good to know that she will continue to do whatever it takes to ease the plight of 40-something, bottle blonde one-legged "former models" who used to be married to Beatles bass players, against whom they've made false accusations of physical abuse.

And what of the couple's child, **Beatrice**? I'm a sucker for poetic justice, and if there's any in this case, Bea will grow up to become a fur-wearing, meat-eating, baby seal-clubbing landmine vendor who walks around singing, "I am the walrus, coo coo ca choo!"

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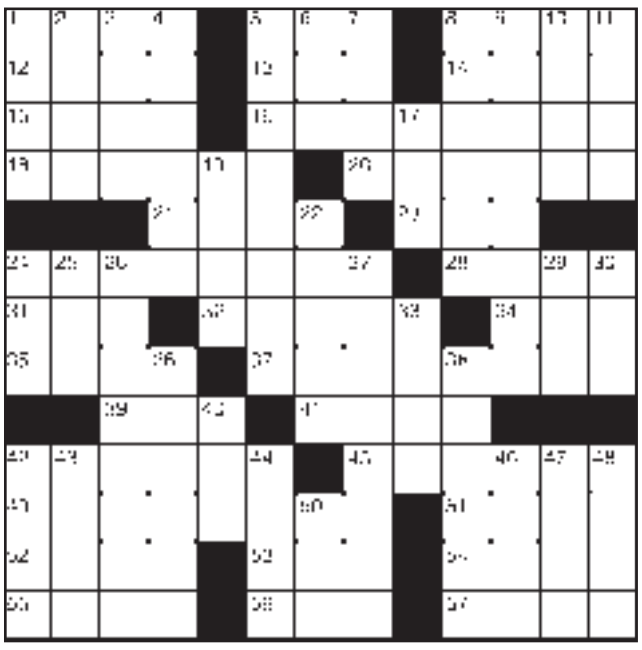


Crossword across

1 Information
5 "Platoon" setting
8 Strikebreaker
12 Enrages
13 "Born in the —"
14 Domesticate
15 Oceans
16 Menace
18 Islamic leader
20 To-do list entry
21 Thailand, once
23 Solidify
24 Name
28 Turned blue?
31 Spelling contest
32 1988 movie, "Without —"
34 Go schussing
35 Sailor's mop
37 Intensify
39 Deity
41 Birthright barterer
42 Restitution
45 Look up to
49 Wolfram
51 Heehaw
52 "Beetle Bailey" dog
53 Common Mkt.
54 Unrivaled
55 Disarray
56 Post- opposite
57 Tolkien's tree creatures

Crossword down

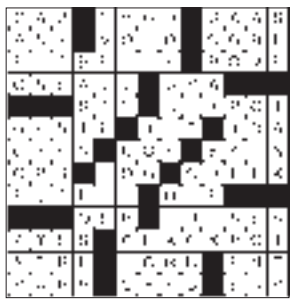
1 Platter
2 Vicinity
3 Blue hue
4 St. Francis' home
5 Small, short-tailed bird
6 Blond shade
7 Stallion's companion
8 Didn't blink
9 Action accelerator
10 "So be it"
11 Flex
17 Work unit
19 Leaning Tower of —
22 Big fracas
24 Couric's employer
25 Chop
26 Chemically active substances
27 Pest
29 — out a living
30 Lotsa noise
33 "Zounds!"
36 Beatnik's drums
38 Hardly conceited
40 Dentist's abbr.
42 Fermi's bit
43 Silent
44 Stairway part
46 Press
47 Carry on
48 Spuds' buds
50 Always, in verse

Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	7	8				1		
			1	3				9
9					4			5
		7	9		2		4	
	1			5			6	
	8		6		3	2		
1			5					6
7				8	9			
		2				4	5	

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



5	7	4	2	3	9	1	8	6
3	2	1	5	8	6	9	4	7
6	8	9	4	7	1	3	2	5
2	4	3	1	5	8	7	6	9
1	6	7	9	4	3	2	5	8
8	9	5	7	6	2	4	3	1
7	3	8	6	1	4	5	9	2
4	1	2	8	9	5	6	7	3
9	5	6	3	2	7	8	1	4

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:
Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min .....Not bad
25+ min.....Keep practising

Recipe of the day

COOK SMART FOR A HEALTHY HEART

Chicken Burgers with Tropical Fruit Salsa

These juicy chicken burgers, topped with a Caribbean-inspired salsa, are absolutely scrumptious.

INGREDIENTS:
1 small pineapple
1 small mango, peeled and finely chopped
1 small red onion, finely chopped
2 tablespoons finely chopped fresh coriander
1 tablespoon fresh lemon juice
1 teaspoon canola oil
500 g ground chicken
1 large Granny Smith apple, peeled and shredded
1/4 cup dry breadcrumbs
4 thin slices reduced-fat Cheddar cheese
4 hamburger buns or soft rolls, preferably whole wheat, split
4 lettuce leaves

METHOD:
1. Peel, core, slice and chop the pineapple (you need 2 cups) and place in a bowl. Mix in the mango, onion, coriander, lemon juice and oil. Cover and set aside.
2. Mix the chicken, apple and breadcrumbs in another bowl until blended. Divide the mixture into 4 equal portions and shape into patties about 1 cm thick. Place the patties on a plate, cover and place in the freezer for 20 minutes.
3. Preheat the barbecue. Cook the patties on medium heat until browned and cooked through.
4. For each burger, place a slice of cheese on the bottom of a hamburger bun, cover with lettuce, add a patty, top with about 1/2 cup salsa, and crown with the top of the bun.

Nutrients per serving: calories 581, carbohydrate 62 g, protein 41 g, total fat 19 g (saturated fat 6 g). **SERVES 4**

rd.ca

For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
Someone is bound to be snappy around you. You'll hear another sad story. A fine person will step in to unravel snarled messages.

TAURUS
APRIL 21-MAY 21
You will find new ways to make money. Contact with attractive people can put you in a great mood. Be patient with cynics.

GEMINI
MAY 22-JUNE 21
Put off making big buys until your financial status is stable. It's an easy day to make your way. Be adaptable to change at a moment's notice.

CANCER
JUNE 22-JULY 22
A relative calls late in the day. Beg forgiveness after a thoughtless insult. Communication will improve drastically.

LEO
JULY 23-AUG 23
A desirable object comes into your hands. Focus on settling fevered emotions. Be disciplined in the workplace.

VIRGO
AUG 24-SEPT 22
An incident involves someone else's possessions. Avoid controversy and spiteful people. An approach to romance fails to meet your standards.

LIBRA
SEPT 23-OCT 23
Your secret love makes you think happy thoughts. A cryptic statement needs investigation. Don't eat to calm down after heated words are exchanged.

SCORPIO
OCT 24-NOV 22
A discussion leads to nervous tension. A co-worker's Infatuation develops in spite of reluctance. Forgive yourself the expense of new clothing.

SAGITTARIUS
NOV 23-DEC 21
An impractical person's actions indicate a pattern of neglect. A lack of documents hampers travel. Someone's mood has everyone in a funk.

CAPRICORN
DEC 22-JAN 20
Your memory gets nudged by a trivial matter. Use cleverness to get around an irritating pest. A light-hearted mood is coming your way.

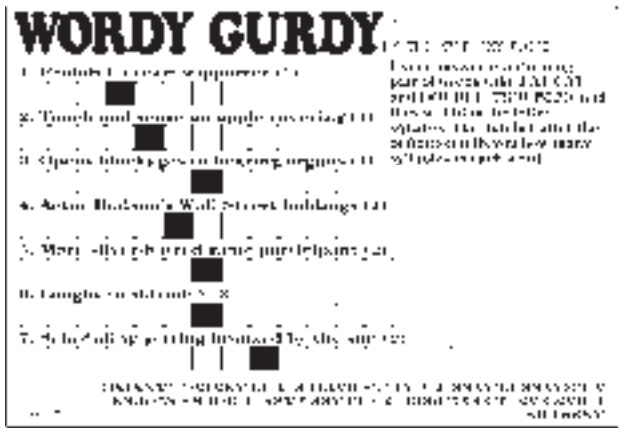
AQUARIUS
JAN 21-FEB 18
Romantic notions will dissolve after a temper tantrum. Be patient when someone attracts your attention. Create a fresh vision for others.

PISCES
FEB 19-MARCH 20
A lecture is the only flaw in the day. A unique person won't understand your convictions. You should trust your instincts.

This day in history

SEPT. 22, 1499: Switzerland became an independent state.
SEPT. 22, 1692: Last people hanged for witchcraft in the United States.
SEPT. 22, 1888: The first issue of National Geographic Magazine is published
SEPT. 22, 1893: The first American-built automobile, built by the Duryea Brothers, is displayed.
SEPT. 22, 1896: Queen Victoria surpasses her grandfather King George III as the longest reigning monarch in British history.
SEPT. 22, 1991: The Dead Sea Scrolls are made available to the public for the first time, by the Huntington Library.

METRO NEWS SERVICES



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